




## Zahedan University of Medical Sciences

### School of Nursing and Midwifery

#### ZAUMS Curriculum Vita

Personal information	
<p>Ali/Navidian  Address: Department of Mental Health Nursing, School of Nursing and Midwifery, Mashahir Sq, Zahedan, Iran  Telephone: +98 54 33442482  Cell phone: +98 9151430542  Fax: +98 54 33442481  E-mail: alinavidian@gmail.com  Data of birth: 31/09/1964  Gender: Male  Marital status: Married</p>	
Occupational field	Research Interest
<p>Counseling Nursing Education, Mental Health Nursing</p> <ul style="list-style-type: none"> <li>❖ Faculty member in Zahedan University of Medical Sciences (School of Nursing &amp; Midwifery) 1995 Utilt now.</li> <li>❖ Nurse at ICU of Khatam- Al- Anbia Hospital, from 1990 to 1991.</li> <li>❖ Supervisor at Khatam- Al- Anbia Hospital, 1992.</li> <li>❖ Head of Nursing and Midwifery office of Zahedan University of Medical Sciences, from 1997 to 1999.</li> <li>❖ Deputy for Finance and Research of Nursing and Midwifery School of Zahedan, from 1999 to 2007.</li> <li>❖ Deputy Head of the Board of Directors of Nursing Organisation- Zahedan Branch, from 2003 to 2007.</li> <li>❖ Dean- Faculty of Nursing and Midwifery- Zahedan, since 2010.</li> </ul>	<ol style="list-style-type: none"> <li>1. Mental health and related topics</li> <li>2. Couple &amp; Family Therapy</li> <li>3. Addiction</li> <li>4. Marriage and family</li> <li>5. Motivational counseling</li> <li>6. Obsession- compulsion disorder</li> <li>7. Health behavior (life style)</li> </ol>

Education and training	Thesis
<ul style="list-style-type: none"> <li>❖ 2003-2006 PhD Counseling and Guiding, Isfahan University of Medical Sciences- Iran</li> <li>❖ 1992-1995 MSc Degree in Mental Health Nursing Isfahan University of Medical Sciences- Iran</li> <li>❖ 1989-1991 BSc Degree in Nursing, Zahedan University of Medical Sciences-Iran</li> <li>❖ 1986-1988 Associate Degree Nursing, Zahedan University of Medical Sciences-Iran</li> </ul>	<ol style="list-style-type: none"> <li>1. The effectiveness motivational interview on behavior and practice in patients with obsessive-compulsive disorder, overweight and hypertension. [PhD]. Isfahan, Iran: Isfahan University of Medical Sciences, 2009</li> <li>2. 2- Evaluation of the characteristics of drug addicts in rehabilitation centers in Zahedan. [MSc]. Isfahan, Iran: Isfahan University of Medical Sciences, 1994</li> </ol>
National conferences / seminars	
<ol style="list-style-type: none"> <li>1. Navidian A, Kheykhaee A, Arbabi Sarjo A. Mental disturbances in hemodialysis patients referred to hemodialysis ward of Khatam- Al- Anbia hospital in Zahedan. Congress of Renal Failure &amp; its Nursing Care; 2002, zahedan, Iran.</li> <li>2. Navidian A, Salar A, Kerman Saravi F. Study of burden experienced by family caregivers of patients with mental disorder in mentally ill hospital and psychiatric center. The congress health in family; 2002, Arak, Iran.</li> <li>3. Navidian A, Davachi A, Bashardost N. Study of personality traits among opiate addicts in rehabilitation center in Zahedan. The second congress of health strategies for dealing with addiction; 2004, Zahedan, Iran</li> <li>4. Abdollahi-Mohammad A, Arbabi Sarjo A, Navidian A. Perception and evaluate the performance of health care workers through prevention of urinary tract infections. The 1st Congress on Prevention of Non-communicable Diseases; 2003, Tehran, Iran</li> <li>5. Navabi Rigi Sh.D, Moudi Z, Navidian A, Kerman Saravi F, Shafiei Sh. Review of training in sonography and radiology, based on students' needs midwifery. 12th National Conference on Medical Education; 2012, Mashhad, Iran</li> <li>6. Kheykhaee A, Navidian A, Tabassi M, Sargazi G. Study of ZUMS faculty members' views on" faculty members' assessment. 7th national congress of medical education; 2006, Tabriz, Iran</li> <li>7. Navidian A.The effectiveness of motivational counseling clients on the quality of life in patients with obsessive-compulsive disorder. Chabahar. Seminar on quality of life and health promotion; 2011, Chabahar, Iran .</li> <li>8. Pishkar Mofrad Z, Navidian A, Ghani Shafi F. Compare the perspective of children with thalassemia and their parents about the child's quality of life in the city of Zahedan in 2011- Chabahar. Congress of Quality Life and Health Promotion; 2011, Chabahar, Iran.</li> <li>9. Navabi Rigi Sh.D, Moudi Z, Navidian A, Pishkar Mofrad Z. Internal evaluation process of teaching and learning department of Midwifery, Zahedan areas: strengths, weaknesses, suggestions. Second national congress in medical education; 2013, Sanandaj, Iran.</li> <li>10. Masoudi Gh, Navidian A. Satisfaction and attitudes of patients about nutritional care in hospitals in Sistan and Baluchestan. 9th Congress of Nutrition; 2007, Tabriz, Iran.</li> <li>11. Navidian A. Addiction ability: related factors with big five personality factors, conformity and sex. Congress addiction; 2012, Zahedan, Iran.</li> </ol>	

### International conferences / seminars

1. Abdollahi-Mohammad A, Arbabi Sarjo A, Navidian A . Evaluate the performance of health care workers perception the methods of prevention of urinary tract infections. 1<sup>th</sup> International Congress of Nephrology Asia; 2004, Singapore.
2. Navidian A, Arbabi Sarjou A, Kaykhaei A. Mental Health Status in hemodialysis Patients. 12<sup>th</sup> congress of The European Society for organ transplantation ESOT; 15-19 October 2005, Geneva, Switzerland.(PO-057).
3. Kerman saravi F, Navidian A, Kheykhaee A. Critical Thinking Dispositions Among Junior, Senior and Graduate Nursing Students in Iran. 2nd world conference on educational technology researches; 2012, Nicosia, Cyprus
4. Borjian Boroojeny SH, Sargazi Gh, Keikhaei A, Navidian A, Teimouri AR. Effects of oral clonidine on the hyper dynamic responded after electroconvulsive therapy. 2nd International Congress of Anesthesiology & Intensive Care; 2004, Tehran, Iran.
5. Navvabi Rigi Sh -D, Navidian A, Kerman Kerman Saravi F, Shahraki-Sanavi F. Researches Evaluation of the Midwifery students of mentoring education Outcomes in Zahedan. June 2012. 2<sup>nd</sup> World Conference on Educational Technology Researches, Near East University, Nicosia, North Cyprus 27-30 June, 2012.
6. Navvabi Rigi Sh-D, Farokhfal Z, Navidian A. Average score episiotomy midwifery training. 2012. 9<sup>th</sup> International Congress of Obstetrics and Gynecology.
7. Masoudi G, Navidian A. Investigate health effects and ways to reduce the mortality rate of this wave of warm air in the event of natural disaster, 2007. 2nd International Congress of Health and crisis management in disasters. Terhran.
8. Sargazi Gh, Borjian Boroojeny SH, Keikhaei A, Navidian A. Pressure cuff with an air of nitrous oxide anesthesia. 2004. 2<sup>nd</sup> International Congress of Anesthesiology, Tehran.

### مجلات علمی پژوهشی نمایه شده در ISC

1. Khadish S, Navidian A, Momeni M K, Zolfaghari Z, Khayyati R. The Effect of Cognitive-Emotional Training on Post-traumatic Stress and Growth in Discharged Patients with COVID-19. Med Surg Nurs J. 2023;12(2):e141927. <https://doi.org/10.5812/msnj-141927>.
2. Ebrahimi F, Sookht saraei S, Navidian A. The Effect of Sleep Hygiene Education on Sleep Quality, Depression, and Fatigue of Hemodialysis Patients. Med Surg Nurs J. 2023;12(1):e138254. <https://doi.org/10.5812/msnj-138254>.
3. Roojin R, Navidian A, Sarani H, Pishkar Mofrad Z, Pourbaluch O. Comparing the Effect of Foot Reflexology Massage and Familiar Sensory Stimulation on the Level of Consciousness of Trauma Patients Admitted to Intensive Care Units: A Clinical Trial Study. Med Surg Nurs J. 2023;12(1):e139149. <https://doi.org/10.5812/msnj-139149>.
4. Shirvani M M, Rezaee N, Nasirodin Tabatabaei S M, Navidian A. The Effect of Telehealth Communication on Anxiety, Depression, and Visits of Family Members of COVID-19 Patients Admitted to Intensive Care Units. Med Surg Nurs J. 2022;11(4):e136064. <https://doi.org/10.5812/msnj-136064>.

5. Nadrpour M, Navidian A, Sasanpour P, Kiani F, Arbabi N. The Effect of an Educational-Supportive Intervention on the Perceived Stress and Nutritional Status of Breast Cancer Patients Undergoing Chemotherapy. *Med Surg Nurs J.* 2022;11(3):e134675. <https://doi.org/10.5812/msnj-134675>.
6. Miri Z, Rezaee N, Faghihi H, Navidian A. Effect of Cognitive-behavioral Training Combined with Motivational Interviewing on Treatment Adherence and Hemoglobin A1c in Patients with Diabetes and Depressive Symptoms. *Med Surg Nurs J.* 2021;10(3):e120496. <https://doi.org/10.5812/msnj.120496>.
7. Khayat S, Dolatian M, Fanaei H, Navidian A, Mahmoodi Z. Study of Lifestyle, the Most Important Challenge and Its Related Factors in Suburban Women. *Journal of Health*, 2021; 11(5):652-663.
8. Ghaljeh M, Navidian A. The effectiveness of the self- care education programs on the quality of life in School Age children with Nephrotic Syndrome: A Quasi- Experimental Study. *JPEN.* 2021; 7 (4) :84-93.
9. Irani H, Pishkar Mofrad Z , Navidian A, Rahat Dahmardeh A. Efficacy of salvadora presica (Miswak) against chlorhexidine mouthwash on oral Gram negative bacteria in mechanical ventilation patients. *Daneshvar Medicine* 2021; 29(4):22-32. doi:10.22070/DANESHMED.2021.14425.1072
10. Poyamoghadam S, Rezaee N, Navidian A, Ghaljeh M. Comparing quality of life therapy and a psychoeducational intervention on burden of family caregivers of patients with severe mental illness. *Payesh.* 2021; 20 (1) :71-80.
11. Pirkamali F, Navidian A, Rezaee N. The Effect of Happiness Program on the Hope of Addicts Experiencing Drug Withdrawal at Zahedan Psychiatric Hospital: A Quasi-Experimental Study. *IJN.* 2021; 34 (130) :38-47
12. Saberi Z, Naderifar M, Navidian A, Mahmoodi N. The influence of incubator coating on the oxygen saturation per-centage of arterial blood of premature neonates admitted to neonatal intensive care. *Pediatric Anesthesia & Critical Care Journal .* 2020;8(1):27-32.
13. Pouryousef F, Navidian A, Rafizadeh Ghahdarijani O, Yaghoubinia F. Comparing the effect of virtual reality and rhythmic breathing on the anxiety of the patients undergoing coronary angiography. *Internal Medicine Today.* 2020 Dec 10;27(1):2-17.
14. Kianian T, Navidian A, Gheraati pour H. Assessment of teaching competencies of faculty members from the viewpoints of faculty members and students. *Education Strategies in Medical Sciences.* 2020 Oct 10;13(4):342-50.
15. Barekzaei F, Navidian A, Rezaee N. The Effect of Fordyce Happiness Training on the Depression of the Mothers of Premature Infants Admitted to the Neonatal Intensive Care Unit. *IJN.* 2020; 33 (124) :1-12
16. Chare Joo S, Navidian A, Sharifi S. Evaluating the Effectiveness of Planned Discharge Program in the Quality of Life of Gastrointestinal Cancer Patients Undergoing Chemotherapy: A Clinical Trial Study, *Med Surg Nurs J.* 2020 ; 9(1):e101442. doi: 10.5812/msnj.101442.
17. Sadate Moazeni S, Ghaljeh M, Navidian A. The Effect of Pulmonary Rehabilitation on Fatigue and Quality of Life in Patients with Chronic Obstructive Pulmonary Disease: A Quasi-Experimental Study, *Med Surg Nurs J.* 2020 ; 9(1):e103899. doi: 10.5812/msnj.103899.

18. Biabani A , Kermansaravi F , Navidian A. The Effect of Group Education on Adaptive Behaviors and Caregiver Burden in Mothers of Children with Thalassemia Major: A Trial Clinical Study, *Med Surg Nurs J*.2020; 9(1):e101560. doi: 10.5812/msnj.101560.
19. Keykha A, Kiani F, Tasbandi M, Navidian A. The study of the effect of group training on stress of cancer patients' caregivers in instructional hospitals of the Medical Sciences University of Zahedan. *Medical Science*. 2020;24(103):1036-41.
20. Mansurifard F, Ghaljaei F, Navidian A. The Effect of Spiritual Care on the Spiritual Health of Adolescents with Cancer: A Pre-Experimental Study, *Med Surg Nurs J*. 2019, 8(4):e100567. doi: 10.5812/msnj.100567.
21. Pourbalouch O, Navidian A, Askari H. Assessing the Impact of Telenursing on Self-Care in Hemodialysis Patients: A Clinical Trial Study, *Med Surg Nurs J*. 2019 ; 8(4):e101292. doi: 10.5812/msnj.101292.
22. Khayyati R, Rezaei N, Shakiba M, Navidian A. A Comparative Study of the Impact of Cognitive-Behavioral Education and Conventional Training on Self-Care in Depressed Patients with Heart Failure: A Clinical Trial, *Med Surg Nurs J*. 2019 ; 8(1):e91396.
23. Hamidian P, Rezaee N, Shakiba M, Navidian A. Effectiveness of Cognitive-Emotional Training on Post-Traumatic Stress Disorder in Women with Breast Cancer: A Clinical Trial Study. *Medical-Surgical Nursing Journal* 2018, 7(3).
24. Zolfaghari Z, Rezaee N, Shakiba M, Navidian, A. The Effect of Motivational Interviewing-Based Training Compared with Conventional Training on the Frequency of Breast Cancer Screening Tests in Female Teachers: A Quasi-Experimental Study. *Medical-Surgical Nursing Journal* 2018, 7(4).
25. Sharifi S, Navidian A, Jahantigh M, Shamsoddini Lori A. Investigating the Impact of Foot Reflexology on Severity of Fatigue in Patients Undergoing Hemodialysis: A Clinical Trial Study, *Med Surg Nurs J*. 2018 ; 7(1):e81634.
26. Salar A, Kiani F, Navidian A, Mohammadi Nejad S. A Comparative Study on the Effect of EMLA Cream and Diclofenac Gel on Pain Caused by Needle Port Placement in Patients Under Chemotherapy: A Clinical Trial, *Med Surg Nurs J*. 2018 ; 7(1):e79613.
27. Bameri F, Navidian A, Shakeri A, Nikbakht R, Pishkarmofrad Z. The Effect of Hypothermia Prevention Program on Central Temperature Changes and Hemodynamic Parameters of Women Undergoing Cesarean Section in Ali Ibn Abi Taleb. *Medical-Surgical Nursing Journal* 2018, 7(1).
28. Alireza Salar , Fatihe KermanSaravi , Ali Navidian , Bentohoda Taheri. The effect of a family-centered empowerment model on quality of life in dialysis patients. *Payesh* 2018; 17(2): 179-190
29. Kerman Saravi F, Navidian A , Ebrahimi Tabas E , Ghaderi S , Zirak M . Effect of home-based continuous care model on the quality of life of patients with myocardial infarction , *Med Surg Nurs J* 2017 ; 6(2 & 3):e81138.
30. Navidian A, Sharmi M, Zirak M. Evaluation of the Relationship between Post-traumatic Stress Disorder and Posttraumatic Growth in Women with Breast Cancer. *MedicalSurgical Nursing Journal* 2017; 6(2-3): 9-16.
31. Yaghoubinia F, Navidian A, Yousefian N, Chaji F. Effect of care plan based on Roy adaptation model on physiological adaptation in patients with thalassemia major. *Medical- Surgical Nursing Journal* 2017; 6(2-

3): 37-43.

32. Tahereh Boryri, Ali Navidian, Roya kiani, The effect of training attachment behaviors on perceived stress, parental expectations in primiparous women. *Pharmacophore* 2017, 8(6S): e-1173880.
33. Rezaee N, Navidian A, Moshtaghi E. The Effectiveness of Life Skills Training on the Level of Hope in Recovering Addicts Referring to the Zahedan Psychiatric Center. *Sadra Medical Journal* 2017, 5(4): 187-198.
34. Sarani H, Navidian A, Jahani S, Ebrahimi Tabas E, Bidar S. Evaluation of the Daily Chlorhexidine Bath Effect on Skin Colonization of the Intensive Care Unit Patients. *Medical - Surgical Nursing Journal* 2017; 5(4): 38-44.
35. Keykha A, Askari H, Navidian A, Hosseini BMK. Ability of Glasgow Coma Scale and Full Outline of Unresponsiveness Score in Measuring Level of Consciousness and Outcome in Patients Receiving Sedation Under Mechanical Ventilation. *Journal of Critical Care Nursing* 2017, 10(1).
36. Toktam Kianian, Ali Navidia, Fahimeh Aghamohamadi, Saman Saber. Comparing the Effects of Aerobic and Anaerobic Exercise on Sleep Quality among Male Nonathlete Students. *Nursing and Midwifery Studies* 2017; 6:168-73.
37. Ali Navidian, Nasrin Rezaee, Mansour Shakiba, Fatemeh Baniyasi. Effect of a Couples' Relationship Enrichment Program on the Couple Burnout from the Perspective of Spouses of Patients with Multiple Sclerosis. *Iran Journal of Nursing (IJN)* 2017, 30(109): 44-53.
38. Kerman Saravi F, Navidian A, Ebrahimi Tabas E, Sargazi Shad T. Prediction of the quality of life in adolescents with diabetes based on self-efficacy. *Medical-Surgical Nursing Journal* . 2016; 5 (3) :56-49.
39. Ali Navidian, Jahangir Rezaei, Hossainali Payan. Efficacy of Supportive - Educational Intervention on Psychological Reactions of Family Members of Intensive Care Unit Patients. *Journal of Nursing Education* 2016, 5(4): 51-58.
40. Khodabakhshi Koolae A, Falsafinejad M R, Navidian A. Evaluation of effectiveness of resilience training on psychological well-being of patients with type II diabetes. *Journal of diabetes Nursing* 2016, 4(3): 30-40.
41. Anahita Khodabakhshi Koolae , Hossein Ebrahim Baighi , Ali Navidian.[ Effects of Communication Skills Training on Aggression and Quality of Life of Male Patients with Chronic Mental Illnesses] *Journal of Client-Centered Nursing Care* 2016;2(1):3-10.
42. A. Khodabakhshi Koolae , A. Tekehi Maroof , A. Navidian[Efficacy of Eye movement Desensitization and Reprocessing (EMDR) on Post-Traumatic Stress Disorder (PTSD) among male veterans] *Military Caring Sciences* 2016;3(1):1-9.
43. Navidian A, Ebrahimi Tabas E, Muolai N, Soleymani SH. The Effect of Audio-Visual Distraction on Anxiety and Satisfaction in Patient Undergoing Bronchoscopy of Imam Ali (AS) Hospital in Zahedan. *Iranian Journal of Psychiatric Nursing* 2016;4(1):1-10.
44. Yaghoubinia F, Navidian A, Tabatabaei S.M, Sheikh S. Effect of music on pain intensity in patients with loss of consciousness in intensive care unit. *Medical - Surgical Nursing Journal* 2016; 4(4): 40-47.
45. Navidian A, Ebrahimi Tabas E, Muolai N, Soleymani SH. The Effect of Audio-Visual Distraction by music on hemodynamic parameters in patient undergoing bronchoscopy. *Scientific Journal of Kurdistan*

University of Medical Sciences SJKU 2016, 21(3): 56-67.

46. Movahedi M, Khamseh F, Ebadi A, Haji Amin Z, Navidian A. Assessment of the lifestyle of the elderly in Tehran . JHPM. 2016; 5 (3) :51-59.
47. Pishkarmofrad Z, Navidian A, Azadi Ahmadabadi Ch, Aliahmadi E. Effect of Cryotherapy on the severity of Thoracic Pain in Patients Undergoing Coronary Artery Bypass Grafting (CABG) Surgery. Medical - Surgical Nursing Journal 2016; 5(1): 25-31.
48. Khodabakhshi Koolae A, Azad M, Navidian A, Falsafinezhad M.R, Rahmatizadeh M. The relationship between employment of male doctors with marital satisfaction and life quality of their wives. Iranian Journal of Nursing Research 2015; 10 (3): 89 - 99.
49. Navidian A, Kermansaravi F, Navabi Rigi Sh.D, Saber S, Saeedinegad F. Correlation between postpartum stress and social support in nulliparous women. JHPM 2015; 5 (1) :40-49.
50. Navidian A, Saber S, Kianian T. Correlation of job satisfaction and productivity of nurses working in hospitals in kerman university of medical science. Journal of Health Promotion Management (JHPM) 2015; 4(1):1-8
51. Khodabakhshi Koolae A, Shahi A, Navidian A, Mosalanejad L. The effect of positive parenting program training in mothers of children with attention deficit hyperactivity on reducing children's externalizing behavior problems. Journal of Fundamentals of Mental Health 2015; 17(3): 135-141.
52. Nilforooshan P, Navidian A, Shamohammadi M. Early maladaptive schemas and psychological health among Womens seeking cosmetic surgery. Iranian Journal of Psychiatric Nursing (IJPN) 2015; 3(1): 12-23.
53. Navidian A, Ebrahimitabas E, Yousefi N, Arbabi Sarjou A. A comparative study of intelligence in children of consanguineous and non-consanguineous marriages and its relationship with holland's personality types in high school students of Tehran. International Archives of Medicine 2015; 8(167): 1-8.
54. Sarhadi M, Sheikhbardsiri H, Navidian A, Sarhadi R, Abdollahyar A. The survey of patient safety culture among nurses in hospitals affiliated to Zahedan university of medical sciences in 2014. Report of Health Care 2015; 1(1): 28-38.
55. Sarhadi M, Navidiyan A, Fasihi Harandi T, Kheykhaee A. Assessment of psychosocial needs of the family members of the patients hospitalized in ICU and CCU. Journal of Critical Care Nursing 2014;6(4):251-60.
56. Vafadar Z, Reazei R, Navidian A. Effectiveness of motivational interviewing on the weight self-efficacy life style in overweight and obese teenager boys. Journal of Behavioral Sciences 2014;8(2):185-93.
57. Charkhat-Gorgich E, Yaghoobi M, Salehinia H, Navidian A, Torabpour M. The types and causes of medication errors in nursing students. Science Road Journal 2014; 2(8):48-54.
58. Shahraki Sanavi F, Navidian A, Rakhshani F, Ansari-Moghaddam A. The effect of education on base the Theory of Planned Behavior toward normal delivery in pregnant women with intention elective cesarean. Bimonthly Journal of Hormozgan University of Medical Sciences 2014; 17(6): 531-539
59. Ebrahimi H, Navidian A, Ameri M, Sadeghi M. Burnout, dimensions and its related factors in the operational staff of medicine emergency. Journal of Health Promotion Management (jhpm) 2014; 3(3): 16-26.

60. Navidian A, Saber S, Rezvani Amin M, Kianian T. Correlation of quality of work life and job satisfaction in nurses of Kerman University of Medical Sciences. *JHPM* 2014, 3(2): 7-15.
61. Nilforooshan P, Navidian A. Composition of spouses' attachment dimensions on marital satisfaction. *Journal of Fundamentals of Mental Health* 2014; 16(63): 200-12
62. Navidian A, Saadat S, Bahari F. The impact of movie therapy on vulnerable women's self-esteem referring to non-governmental social service clinics of Tehran. *Journal of Kermanshah University of Medical Sciences (J Kermanshah Univ Med Sci)* 2014; 18(10): 569-578
63. Yaghoobi M, Miri-Moghaddam E, Navidian A, Nikbakht R, Mehrafarin A, Fallah Huseini H. Safety and efficacy of processed citrullus colocynthis l. fruit in treatment of hyperlipidemic type II diabetic patients: a randomized, placebo-controlled clinical trial. *JMP* 2014; 4 (52): 81-88
64. Ebrahimi H, Navidian A, Keykha R. The effect of supportive nursing care in reducing anxiety of patients receiving electroconvulsive therapy. *Iranian Journal of Psychiatric Nursing (Ijpn)* 2014; 1(4):13 - 24.
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66. Navidian A, Sarhadi M, Kykhaie A , Kykhah R. Psychological reactions of family members of patients hospitalized in critical care and general units compared with general population, Iran. *Iran Journal of Nursing* 2014; 26(86):16-28.
67. Nilforoshan P, Navidian A, Abedi A. Studying the psychometric properties of marital attitude scale. *IJPn* 2013; 1 (1) :35-47.
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69. Baron Oladi S, Navidian A, Kaveh Farsani Z. The study of relationship between addiction potentiality and personality characteristics, conformity and gender among preuniversity students. *Shahrekord University of Medical Sciences Journal* 2013; 15(2): 33 - 42.
70. Sarhadi M, Navidian A, Fasihi Harandy T , Ansari Moghadam AR. Comparing quality of marital relationship of spouses of patients with and without a history of myocardial infarction. *JHPM* 2013, 2(1): 39-48.
71. Pishkar Mofrad Z, Navidian A, Robabi H. An assessment of traditional and objective structured practical evaluation methods on satisfaction of nursing students in Zahedan faculty of nursing and midwifery: A comparing. *Journal of Medical Education and Development* 2013; 7(4) : 2-14
72. Haghsheenas L, Navidian A, Amin Jaafari AS, Kazemi A, Abedi M R, Sadeghi H. Standardization, validity and reliability Campbell's interest and skills among high school students in Isfahan. *Journal of the*



psychological achievements 2013;. 4 ( 2): 137 -158.

73. Kermansaravi F, Navidian A, Imani M. Nursing students' views toward quality of theoretical and clinical nursing education: A qualitative study. *Journal of Medical Education and Development* 2013; 7(4): 28-40
74. Nazem Zadeh M, Rezvani Amin M, Jalalodini A, Navidian A, Yosefian N, GhaljeM, et al . The effect of reflexology massage on physiological parameters in patients with chronic low back pain . *Pajoohandeh Journal* 2013; 17 (6) :286-290.
75. navidian A, Saber S, Borhani F, Ramazani T, Rezvani Amin M, Kianian T. Related quality of work life and productivity of hospitals in Kerman University of Medical Sciences. *Iranian Journal Of Bioethics* 2012; 3(9):144-66.
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78. Askari H, Azizzadeh F, Navidian A, Haghdoost A. Psychological reactions of family members of patients in citical care unitsin zahedan. *Journal of Research & Health* 2012; 2(2): 317-24.
79. Shahraki-Sanavi F, Rakhshani F, Navidian A, Ansari-Moghaddam A. A study on attitude of pregnant women with intention of elective cesarean based on theory of planned behavior. *Zahedan Journal of Research in Medical Sciences* 2012;14(9):95-7.
80. shahraki sanavi F, Navidian A, Ansari mogadam A Faragy Shoy A.The relationship of family communication patterns on life quality in adolescents. *Journal of Counseling and Psychotherapy family* 2011; 1(1): 1-138
81. Nilforooshan P , Abedi A, Ahmadi A. , Navidian A. Studying the factor structure, reliability, and validity of the marriage expectation scale. *Journal of Behavioral Sciences* 2011; 5(1): 9-11.
82. Kerman Saravi F, Navidian A, Navabi Rigi Sh.D. Nursing student and teachers' viewpoints toward priorities in teachers evaluation. *IJN* 2011; 24 (72) :18-28
83. Navidian A, Haghshenas L, Abedi Mohammad R, Baghban I, Fatehizadeh M. Comparing the effectiveness of group cognitive behavior therapy and its integration with motivational interviewing on symptoms of patients with obsessive-compulsive disorder. *Journal of Research In Behavioural Sciences* 2011; 9(17):13 - 23.
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86. Navidian A, Abedi MR, Baghban I, Fatehizadeh M, Poursharifi H. Effect of motivational interviewing on

blood pressure of referents suffering from hypertension. *Trauma Monthly* 2010; (2, Summer):115-21.

87. Pahlavanzadeh S, Navidian A, Yazdani M. The effect of psycho-education on depression, anxiety and stress in family caregivers of patients with mental disorders. *Journal of Kermansha University of Medical Sciences* 2010; 14(3): 228-236.
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### Memberships

- ✓ Member of the Scientific Committee 5th congress of High risk behaviors ( 14-16) October, Zahedan, Iran, 2015
- ✓ chief executive manager, Congress of Health Productive Zahedan, Iran, 2014.
- ✓ Head of Pregnancy Health Research Centre, since 2014
- ✓ Member of the Scientific Committee, 4th congress of High risk behaviors ( 14-16) October, Zahedan, Iran, 2014.
- ✓ Member, Strategic Council of the University. Zahedan University of Medical Sciences. 2013 up to now.
- ✓ Member, Council of postgraduate studies School of Nursing & Midwifery Zahedan University of Medical Sciences, 2013 up to now.
- ✓ Member, Editorial Board, and chief Scientific manager of Medical - Surgical Nursing Journal, Zahedan. 2012 up to now.
- ✓ Member of the Scientific Committee, Congress of Quality of life Chabahar, Iran, 2012.
- ✓ chief Scientific manager, Congress of Quality of life Chabahar, Iran, 2012.
- ✓ Member, committee of faculty promotion, School of Nursing & Midwifery Zahedan University of Medical Sciences. 2011 up to now .
- ✓ \*Reviewer for Journal of Health Scope Zahedan University of Medical Sciences
- ✓ \*Member of editorial board of National Journal of Psych Nursing
- ✓ Advisor to Counselling Centre of Isfahan University, University of Shahr-E- Kord
- ✓ Editor in charge of Journal of Internal- Surgery Nursing of Zahedan University of Medical Sciences
- ✓ Member, Research Council, Zahedan
- ✓ University of Medical Sciences, 2001 up to now.
- ✓ Member, Council of postgraduate studies School of Nursing & Midwifery Zahedan University of Medical Sciences, 2013 up to now.
- ✓ Reviewer for Journal of Health Scope Zahedan University of Medical Sciences.
- ✓ Founder member of the Community-Based Nursing Research Center, Zahedan University of Medical

Sciences, 2015.

- ✓ Founder member of Pregnancy Health Research Center, Zahedan University of Medical Sciences, 2012.
- ✓ Founder member of Health Promotion.
- ✓ Research Center, Zahedan University of Medical Sciences, 2009- 2012.

#### **Personal skills and competences**

- ✓ Planning & Teaching for workshop about
- ✓ Research Methodology, Strategic Planning, Paper
- ✓ writing, Curriculum Writing, Lesson plan writing
- ✓ Working with software SPSS
- ✓ Working with Endnote

#### **Language Competencies**

1. Translating English in Persian
2. Computer Literacy(Words, Internet, PowerPoint , SPSS, Windows)
3. Translating persian in English(in modrate)

#### **Honors / awards**

1. Received Plaque of Honour in the 4th Shahid Motahhari Festival, 2011 (Piloting design of clinical training mentoring method of midwifery students' delivery room).
2. Received Plaque of Honour in the 5th Shahid Motahhari Festival, 2012 (Designing clinical training multiple mentoring model midwifery students' delivery room).
3. Received Plaque of Honour in the 4th Shahid Motahhari Festival, 2011 (The consequences of demonstrating respect and courtesy as a value).
4. Top Researcher of School of Nursing & Midwifery, Appreciation on the occasion of Research Week, Zahedan University of Medical Sciences, for four consecutive years (2008, 2012, 2013, 2014, 2015, 2016).
5. Appreciation on the occasion of Teacher day, Zahedan University of Medical Sciences, 2012, 2013.
6. Appreciation to celebrate promotion of University of Medical Sciences to type 1, 2013.
7. Received Plaque of Honour in the 3rd Shahid Motahhari Festival, 2011 (Designing Research and Methodology lesson for Nursing and Midwifery students).
8. Received Plaque of Honour in the 3rd Shahid Motahhari Festival, 1389. (A revolution in traditional clinical training and the use of lasting modern methods).